

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_ Berne \_\_ Cohoes \_\_ Livingston \_\_ Ohav \_\_ SMT \_\_ St. Matthew's \_\_ Watervliet \_\_ Westview \_\_ Wyman

## JUNE 2024 CONGREGATE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cohoes Sr. Cntr. (L) Ohav Sholom Apts. (D) Watervliet Sr. Cntr. (L) Westview Homes Apts (L)	Town of Berne Sr. Cntr. (L) Cohoes Sr. Cntr. (L) Livingston School Apts. (D) South Mall Towers (D) Watervliet Sr. Cntr. (L) Westview Homes Apts. (L)	Cohoes Sr. Cntr. (L) Livingston School Apts. (D) Ohav Sholom Apts. (D) South Mall Towers (D) Watervliet Sr. Cntr. (L) Westview Homes Apts (L) Wyman Osterhout Com. Cntr. (L)	Cohoes Sr. Cntr. (L) Livingston School Apts. (D) St. Matthew's - Voorheesville (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L)	Town of Berne Sr. Cntr. (L) Cohoes Sr. Cntr. (L) South Mall Towers (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L)
<b>3</b>  A. CHICKEN PAELLA  B. BAKED FISH	<b>4</b>  A. TURKEY BOLOGNESE  B. BAKED FISH	<b>5</b>  A. POTATO CRUNCH FISH  B. BAKED CHICKEN  C. HAM SANDWICH	<b>6</b>  A. PENNE PASTA WITH MEATBALLS  B. BAKED FISH	<b>7</b>  A. ROAST PORK WITH RASPBERRY GLAZE  B. BAKED FISH  C. CHICKEN SALAD PLATE
<b>10</b>  A. BAKED FISH WITH LEMON HERB SAUCE  B. BAKED CHICKEN	<b>11</b>  A. MACARONI & CHEESE  B. BAKED FISH	<b>12</b>  A. BAKED HAM WITH CRUSHED PINEAPPLE  B. BAKED CHICKEN  C. SEAFOOD SALAD SANDWICH	<b>13</b>  A. CHICKEN CACCIATORE  B. BAKED FISH	<b>14</b>  A. MEATLOAF WITH GRAVY  B. BAKED FISH  C. HAM & SWISS SANDWICH
<b>17</b>  A. LASAGNA ROLL-UPS  B. BAKED FISH	<b>18</b>  A. SLOPPY JOE  B. BAKED FISH	<p>LIFEPATH IS CLOSED IN OBSERVANCE OF</p> <p><b>Juneteenth</b> - FREEDOM DAY -</p>	<b>20</b>  A. HONEY MUSTARD CHICKEN  B. BAKED FISH	<b>21</b>  A. AMERICAN GOULASH  B. BAKED FISH  C. COTTAGE CHEESE WITH HARD BOILED EGG
<b>24</b>  A. CHICKEN CHOW MEIN  B. BAKED FISH	<b>25</b>  A. PENNE PASTA WITH MEAT SAUCE  B. BAKED FISH	<b>26</b>  A. HOT OPEN FACED TURKEY SANDWICH  B. BAKED FISH  C. EGG SALAD SANDWICH	<b>27</b>  A. LEMON GARLIC FISH  B. BAKED CHICKEN	<b>28</b>  A. SALISBURY STEAK WITH GRAVY  B. BAKED FISH  C. CHICKEN SALAD PLATE

**Cohoes & Watervliet:**  
Lunch (L) 12 pm

**All other locations:**  
Lunch (L) 11:30 am  
Dinner (D) 4:30 pm

Once you are registered for a meal, you are welcome to attend a meal at any of the LifePath Community Dining locations. See reverse side for addresses.

This Congregate Dining Program is supported in part by the Albany County Department for Aging, the NYS Office for Aging, and the Administration for Community Living. All Albany County congregate meal programs suggest a contribution of \$3.00. Contributions are appreciated and directly support and expand the program. They are voluntary, confidential, and optional. All seniors are welcome and encouraged to attend.

Please make a reservation to ensure a meal is available at your preferred location. No one will be turned away due to an inability to contribute. All meals include an appropriate starch, vegetable, dessert, and milk. Some items may be subject to last-minute substitution.

### JOIN US FOR OUR UPCOMING FUNDRAISERS:



Pulled BBQ Chicken Take-Out Dinner  
\$15 per person

No cost to attend the concert

[lifepathny.org/watervlietfundraiser](http://lifepathny.org/watervlietfundraiser)  
518-273-4422



Dinner & Show Tickets  
\$25 per person

[lifepathny.org/cohoesfundraiser](http://lifepathny.org/cohoesfundraiser)  
518-235-2420



## LIFEPATH COMMUNITY DINING LOCATIONS

To reserve a meal, please call or email by 1 pm the day before by using the contact information below. While the dining room opens one hour prior to the meal, many of our Centers are open earlier for programming and socialization opportunities stop by earlier to participate and make a new friend!

- **TOWN OF BERNE COMMUNITY & SENIOR SERVICES CENTER**  
1360 Helderberg Trail | Berne, NY 12023 | 518-465-3322 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Lunch is served on Tuesday & Friday at 11:30 am
- **COHOES SENIOR CENTER**  
10 Cayuga Plaza | Cohoes, NY 12047 | 518-235-2420 | [cohoes@lifepathny.org](mailto:cohoes@lifepathny.org)  
Lunch is served Monday – Friday at 12:00 pm
- **LIVINGSTON SCHOOL APARTMENTS**  
315 Northern Blvd. | Albany, NY 12210 | 518-465-3322 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Dinner is served on Tuesday, Wednesday & Thursday at 4:30 pm
- **OHAV SHOLOM APARTMENTS**  
115 Krumkill Road | Albany, NY 12208 | 518-465-3322 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Dinner is served on Monday & Wednesday at 4:30 pm
- **SOUTH MALL TOWERS**  
101 South Pearl Street | Albany, NY 12207 | 518-465-3322 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Dinner is served on Tuesday & Wednesday at 4:30 pm — Lunch is served on Friday at 11:30 am
- **ST. MATTHEW'S CHURCH (VOORHEESVILLE)**  
25 Mountainview Street | Voorheesville, NY 12186 | 518-439-9038 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Lunch is served on Thursday at 11:30 am
- **WATERVLIET SENIOR CENTER**  
1501 Broadway | Watervliet, NY 12189 | 518-273-4422 | [watervliet@lifepathny.org](mailto:watervliet@lifepathny.org)  
Lunch is served Monday – Friday at 12:00 pm
- **WESTVIEW HOMES**  
680 Central Ave. | Albany, NY 12206 | 518-482-2120 | [westview@lifepathny.org](mailto:westview@lifepathny.org)  
Lunch is served Monday – Friday at 12:00 pm
- **WYMAN OSTERHOUT COMMUNITY CENTER (NEW SALEM)**  
7 The Old Road | Voorheesville, NY 12186 | 518-439-9038 | [mow@lifepathny.org](mailto:mow@lifepathny.org)  
Lunch is served on Wednesday at 11:30 am