

Mental Health Extension Proposal

Berne Community and Senior Services Center

Prepared by: Patrick Alderson, *Policy Analyst*

Albany County Executive's Office

Description of Project

- Recognition of need to provide increased access to mental health and substance use disorder services directly in rural areas of Albany County
 - Geographic isolation and lack of proximate providers creates considerable barriers to accessing treatment
 - There have been opioid-related overdoses and deaths among Berne and Hilltown residents in recent history; issue touches all generations, and is not limited to school-aged children
 - BKW CSD has reported increased reports of substance use, mental health service utilization, sexual abuse, and domestic violence during the COVID pandemic
- Albany County Department of Mental Health proposed building upon the existing ACCESS partnership to enhance space at the Berne CSSC to allow discreet and confidential education and information regarding access to behavioral health services
- Timeline: Sept 30, 2019 – Sept 30, 2020
 - Extension for project received through March 31, 2021

Description of Services

- Modify existing space to allow for discreet and confidential communication with individuals and families to ensure their privacy
 - Could utilize a “hub and spoke model” – CSSC serves as designated base for operation, and from CSSC roaming sites can be coordinated at firehouse, ambulance station, other community centers, etc.
 - Albany County Dept of Mental Health CASACs would travel among sites
- Facilitate access to transportation (e.g., vouchers for Uber/Lyft and cabs) when needed to access treatment services
 - Capital Region Open Access Program van could facilitate transportation to above mentioned sites, provider offices, or engage individuals at their home to initiate tele-health services (if infrastructure allows)
- Provide community prevention and education services through creation and dissemination of educational and informational materials
 - Brochures, handouts, contact information for various services

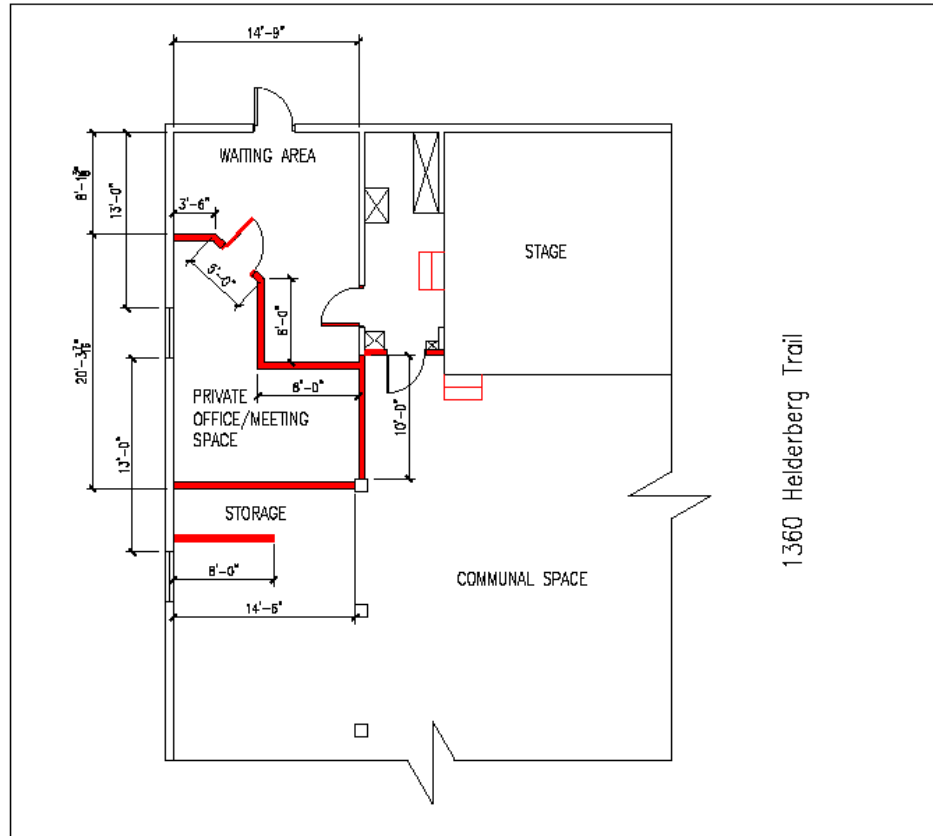
Description of Services (cont.)

- Cultivate partnerships with other entities central to the Hilltowns' community health – e.g., local medical offices; the Helderberg Hilltowns Association; the Helderberg Ambulance and local fire services; town court; Berne-Knox-Westerlo CSD, etc.
 - Use peer supports to reduce barriers and focus on engagement and in-community approaches
 - Coordinate with community entities to assist in engagement and warm hand-off referrals
- Develop and install technology (e.g., computers, phones, etc.) to allow for connection to Albany County Dept of Mental Health outpatient clinic in downtown Albany

Progress to Date

- Meeting on 10/18/2019 with representatives from Albany County Departments of Mental Health, General Services, and County Executive
 - Berne Participants: Supervisor, Highway Management, Town Board members
 - Discussed program concept, feasibility for locating at CSSC, technology upgrades, need for agreements/MOUs, tentative facility schedule
- Schematics for renovations developed
- Ongoing conversations interrupted during COVID
- Albany County representatives made site visit on 10/

Draft Layout



1360 Heldenberg Trail/Hill Town Senior Center

NOTES: Preliminary proposal for partial renovation

- sections in red indicate proposed additional walls and relocation of stairs to stage
- areas to be created are a Private Office/Consul space, waiting room and through space, and additional storage using back of new wall and additional half wall.
- walls are to be built around duct work
- relocation of one over head light

RFB DWG's 5/8/2019
 NOT FOR CONSTRUCTION
 HALF SIZE
 REPRODUCTIONS OF
 RECORD PLANS

File Path: C:\Users\jgallagher\Documents\1360 Heiderberg Trail\1360 Heiderberg Trail.dwg (Project) December 05, 2019 - 10:56 AM

REV. #	DATE	BY	REVISION	REV. #	DATE	BY	REVISION

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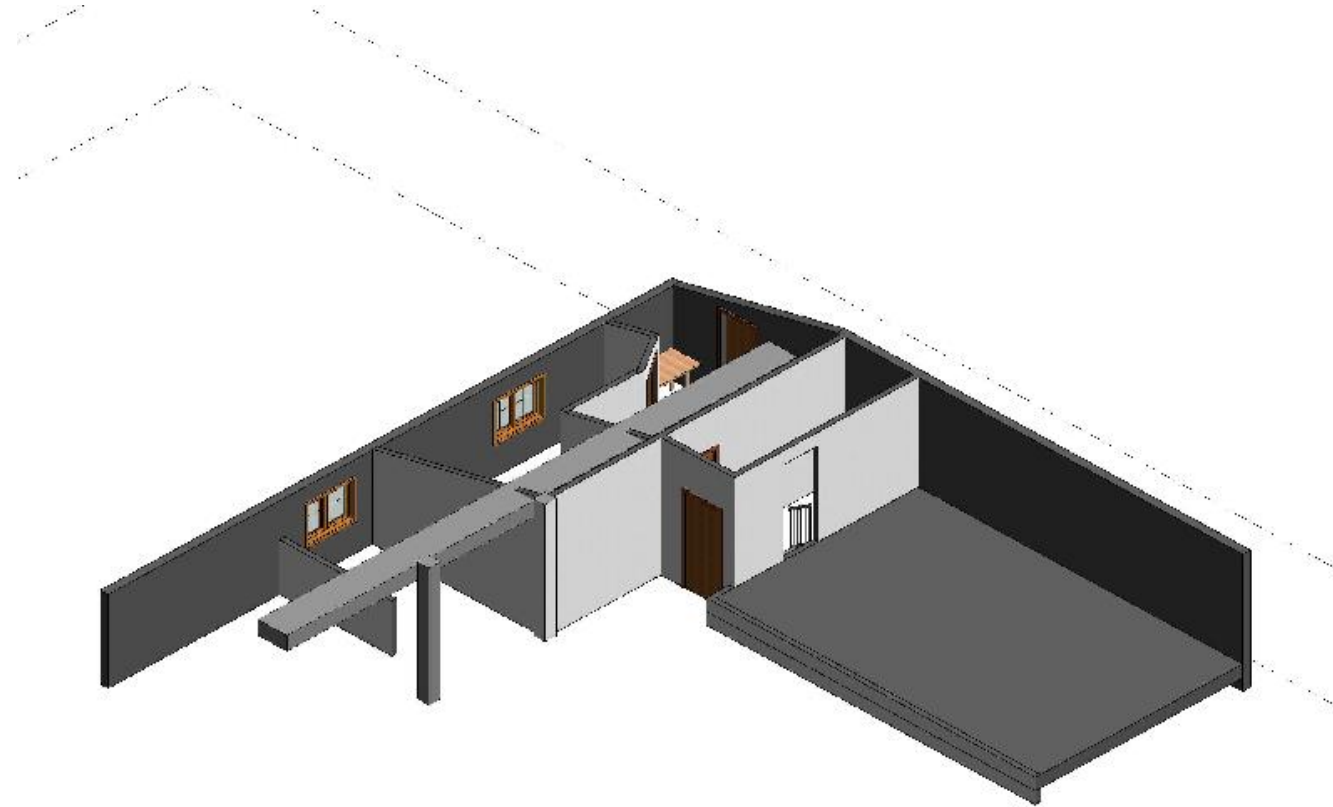


County of Albany
Department of General Services
Division of Facilities Engineering
 112 STATE STREET • ALBANY, NEW YORK • 12207
 518-447-7210

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